

# SAKU TRAIL RUN



05.05.2019, SAKU TERVISERADA

Korraldaja - MTÜ Spordiklubi Porter Racing, Tarmo Tarlap ja Meelis Koik, Rada: maastik. Ilm: temperatuur +8 kraadi C, tuul 0 - 2 m/s, vahelduvalt pilves, kuiv.

Ajamõõtmise tehnika ja korraldus: ANTROTSENER OÜ, Urmas Paejärv, Rainer Üksvärav, Ringa Neudorf

Koht	Number	Nimi	Klubi	Tulemus	Kaotus m/n	Kiirus	Ring 1	Ring 2
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## 16 km DISTANTS

### MEHED

1	58	Alar Abram	Saue Tammed	<b>1:06:21,1</b>	--	04:08 min/km - 14.46 km/h	33:03,6	33:17,4
2	60	Leivo Sepp	Ekstreem.EE	<b>1:07:15,0</b>	+00:53	04:12 min/km - 14.27 km/h	33:21,2	33:53,8
3	56	Indrek Tikva	Albe Team	<b>1:13:39,1</b>	+07:17	04:36 min/km - 13.03 km/h	37:14,2	36:24,8
4	55	Peeter Kand	Velo clubbers	<b>1:14:37,8</b>	+08:16	04:39 min/km - 12.86 km/h	37:25,4	37:12,4
5	54	Peeter Hendrikson	Ekstreempark	<b>1:15:39,6</b>	+09:18	04:43 min/km - 12.68 km/h	37:33,5	38:06,0
6	65	Alvar Jõgeva	Saku Suusaklubi	<b>1:16:42,9</b>	+10:21	04:47 min/km - 12.51 km/h	37:15,3	39:27,6
7	90	Meelis Merenäkk		<b>1:17:33,1</b>	+11:12	04:50 min/km - 12.37 km/h	38:35,5	38:57,5
8	63	Tarmo Alasoo	SAQ SC	<b>1:23:19,3</b>	+16:58	05:12 min/km - 11.52 km/h	41:24,1	41:55,2
9	59	Paavo Nael	Porter Racing	<b>1:25:55,6</b>	+19:34	05:22 min/km - 11.17 km/h	41:23,7	44:31,9
10	61	Tarmo Oidjärv		<b>1:30:24,4</b>	+24:03	05:39 min/km - 10.61 km/h	45:54,1	44:30,3
11	64	Veikko Hõbemägi		<b>1:32:50,9</b>	+26:29	05:48 min/km - 10.33 km/h	45:15,2	47:35,6
12	82	Meelis Koik	Porter Racing	<b>1:35:53,6</b>	+29:32	05:59 min/km - 10.01 km/h	45:53,3	50:00,3
-	57	Tarmo Test	Porter	<b>DNS</b>				
-	62	Argo Sikk		<b>DNS</b>				

### NAISED

1	66	Liliana Torn	Täppsportlased	<b>1:12:51,4</b>	--	04:33 min/km - 13.17 km/h	35:50,0	37:01,3
2	67	Margit Mälter	Sparta	<b>1:21:31,2</b>	+08:39	05:05 min/km - 11.77 km/h	39:44,3	41:46,9
3	70	Liina Kesamaa	Triathlon Estonia	<b>1:23:22,0</b>	+10:30	05:12 min/km - 11.51 km/h	43:03,2	40:18,7
4	68	Tiina Tartes		<b>1:27:17,2</b>	+14:25	05:27 min/km - 10.99 km/h	42:51,3	44:25,9
5	89	Anu Poopuu		<b>1:33:00,7</b>	+20:09	05:48 min/km - 10.32 km/h	46:42,2	46:18,4
6	69	Kaire Koik	Porter Racing	<b>1:35:53,0</b>	+23:01	05:59 min/km - 10.01 km/h	45:52,3	50:00,6
7	79	Maret Kasterpalu	Porter Racing	<b>1:49:18,8</b>	+36:27	06:49 min/km - 8.78 km/h	52:43,0	56:35,7

## 8 km DISTANTS

### Mehed

1	86	Rauno Tiits	Täppsportlased	<b>0:32:25,5</b>	--	04:03 min/km - 14.80 km/h	32:25,5	
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# SAKU TRAIL RUN



Koht	Number	Nimi	Klubi	Tulemus	Kaotus m/n	Kiirus	Ring 1	Ring 2
2	88	Tanel Tepaskent		<b>0:37:08,4</b>	+04:42	04:38 min/km - 12.92 km/h	37:08,4	
3	71	Aivar Kuusmik		<b>0:40:23,5</b>	+07:58	05:02 min/km - 11.88 km/h	40:23,5	
4	73	Kert Lindeberg		<b>0:42:52,1</b>	+10:26	05:21 min/km - 11.19 km/h	42:52,1	
5	93	Eero Kookla	Jooksupartner	<b>0:43:39,4</b>	+11:13	05:27 min/km - 10.99 km/h	43:39,4	
6	84	Siim Loik		<b>0:43:52,6</b>	+11:27	05:29 min/km - 10.93 km/h	43:52,6	
7	72	Sven Sapelson		<b>0:48:58,1</b>	+16:32	06:07 min/km - 9.80 km/h	48:58,1	

## Naised

1	80	Irina Safjanov		<b>0:41:59,4</b>	--	05:14 min/km - 11.43 km/h	41:59,4	
2	77	Eneli Pall		<b>0:42:27,2</b>	+00:27	05:18 min/km - 11.30 km/h	42:27,2	
3	87	Heddy Tiits	200ga	<b>0:44:25,2</b>	+02:25	05:33 min/km - 10.80 km/h	44:25,2	
4	78	Jane Susi	Mikkeller Running Club	<b>0:45:32,1</b>	+03:32	05:41 min/km - 10.54 km/h	45:32,1	
5	94	Siiri Tamm		<b>0:46:07,1</b>	+04:07	05:45 min/km - 10.40 km/h	46:07,1	
6	75	Kärt Radik	Airtours	<b>0:50:51,0</b>	+08:51	06:21 min/km - 9.43 km/h	50:51,0	
7	74	Inge Reiman		<b>0:51:14,9</b>	+09:15	06:24 min/km - 9.36 km/h	51:14,9	

## Neiud

1	85	Meri-Lill Plagnaud		<b>0:39:52,1</b>	--	04:59 min/km - 12.03 km/h	39:52,1	
2	81	Marleen Kesamaa	Audentese SK	<b>0:44:42,0</b>	+04:49	05:35 min/km - 10.73 km/h	44:42,0	
3	92	Carolin Tammsoo	Porter Racing	<b>0:58:39,1</b>	+18:46	07:19 min/km - 8.18 km/h	58:39,1	

## MATK

### Mehed

1	91	Jüri Raude		<b>1:13:25,5</b>	--	09:10 min/km - 6.53 km/h	73:25,5	
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### Naised

1	83	Kaja Sepp		<b>0:49:02,9</b>	--	06:07 min/km - 9.78 km/h	49:02,9	
2	76	Margit Raude		<b>1:13:25,3</b>	+24:22	09:10 min/km - 6.53 km/h	73:25,3	

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