

05.05.2019, SAKU TERVISERADA

Korraldaja - MTÜ Spordiklubi Porter Racing, Tarmo Tarlap ja Meelis Koik, Rada: maastik. Ilm: temperatuur +8 kraadi C, tuul 0 - 2 m/s, vahelduvalt pilves, kuiv.

Ajamõõtmise tehnika ja korraldus: ANTROTSENTER OÜ, Urmas Paejärv, Rainer Üksvärav, Ringa Neudorf

| Koht                  | Number | Nimi              | Klubi             | Tulemus          | Kaotus | Keskmine kiirus           | Ring 1  | Ring 2  |
|-----------------------|--------|-------------------|-------------------|------------------|--------|---------------------------|---------|---------|
| <b>16 km DISTANTS</b> |        |                   |                   |                  |        |                           |         |         |
| 1                     | 58     | Alar Abram        | Saue Tammed       | <b>1:06:21,1</b> | --     | 04:08 min/km - 14.46 km/h | 33:03,6 | 33:17,4 |
| 2                     | 60     | Leivo Sepp        | Ekstreem.EE       | <b>1:07:15,0</b> | +00:53 | 04:12 min/km - 14.27 km/h | 33:21,2 | 33:53,8 |
| 3                     | 66     | Liliana Torn      | Täppsportlased    | <b>1:12:51,4</b> | +06:30 | 04:33 min/km - 13.17 km/h | 35:50,0 | 37:01,3 |
| 4                     | 56     | Indrek Tikva      | Albe Team         | <b>1:13:39,1</b> | +07:17 | 04:36 min/km - 13.03 km/h | 37:14,2 | 36:24,8 |
| 5                     | 55     | Peeter Kand       | Velo clubbers     | <b>1:14:37,8</b> | +08:16 | 04:39 min/km - 12.86 km/h | 37:25,4 | 37:12,4 |
| 6                     | 54     | Peeter Hendrikson | Ekstreempark      | <b>1:15:39,6</b> | +09:18 | 04:43 min/km - 12.68 km/h | 37:33,5 | 38:06,0 |
| 7                     | 65     | Alvar Jõgeva      | Saku Suusaklubi   | <b>1:16:42,9</b> | +10:21 | 04:47 min/km - 12.51 km/h | 37:15,3 | 39:27,6 |
| 8                     | 90     | Meelis Merenäkk   |                   | <b>1:17:33,1</b> | +11:12 | 04:50 min/km - 12.37 km/h | 38:35,5 | 38:57,5 |
| 9                     | 67     | Margit Mälter     | Sparta            | <b>1:21:31,2</b> | +15:10 | 05:05 min/km - 11.77 km/h | 39:44,3 | 41:46,9 |
| 10                    | 63     | Tarmo Alasoo      | SAQ SC            | <b>1:23:19,3</b> | +16:58 | 05:12 min/km - 11.52 km/h | 41:24,1 | 41:55,2 |
| 11                    | 70     | Liina Kesamaa     | Triathlon Estonia | <b>1:23:22,0</b> | +17:00 | 05:12 min/km - 11.51 km/h | 43:03,2 | 40:18,7 |
| 12                    | 59     | Paavo Nael        | Porter Racing     | <b>1:25:55,6</b> | +19:34 | 05:22 min/km - 11.17 km/h | 41:23,7 | 44:31,9 |
| 13                    | 68     | Tiina Tartes      |                   | <b>1:27:17,2</b> | +20:56 | 05:27 min/km - 10.99 km/h | 42:51,3 | 44:25,9 |
| 14                    | 61     | Tarmo Oidjärv     |                   | <b>1:30:24,4</b> | +24:03 | 05:39 min/km - 10.61 km/h | 45:54,1 | 44:30,3 |
| 15                    | 64     | Veikko Hõbemägi   |                   | <b>1:32:50,9</b> | +26:29 | 05:48 min/km - 10.33 km/h | 45:15,2 | 47:35,6 |
| 16                    | 89     | Anu Poopuu        |                   | <b>1:33:00,7</b> | +26:39 | 05:48 min/km - 10.32 km/h | 46:42,2 | 46:18,4 |
| 17                    | 69     | Kaire Koik        | Porter Racing     | <b>1:35:53,0</b> | +29:31 | 05:59 min/km - 10.01 km/h | 45:52,3 | 50:00,6 |
| 18                    | 82     | Meelis Koik       | Porter Racing     | <b>1:35:53,6</b> | +29:32 | 05:59 min/km - 10.01 km/h | 45:53,3 | 50:00,3 |
| 19                    | 79     | Maret Kasterpalu  | Porter Racing     | <b>1:49:18,8</b> | +42:57 | 06:49 min/km - 8.78 km/h  | 52:43,0 | 56:35,7 |
| -                     | 57     | Tarmo Test        | Porter            | <b>DNS</b>       |        |                           |         |         |
| -                     | 62     | Argo Sikk         |                   | <b>DNS</b>       |        |                           |         |         |

## 8 km DISTANTS

|   |    |                    |                |                  |        |                           |         |  |
|---|----|--------------------|----------------|------------------|--------|---------------------------|---------|--|
| 1 | 86 | Rauno Tiits        | Täppsportlased | <b>0:32:25,5</b> | --     | 04:03 min/km - 14.80 km/h | 32:25,5 |  |
| 2 | 88 | Tanel Tepaskent    |                | <b>0:37:08,4</b> | +04:42 | 04:38 min/km - 12.92 km/h | 37:08,4 |  |
| 3 | 85 | Meri-Lill Plagnaud |                | <b>0:39:52,1</b> | +07:26 | 04:59 min/km - 12.03 km/h | 39:52,1 |  |
| 4 | 71 | Aivar Kuusmik      |                | <b>0:40:23,5</b> | +07:58 | 05:02 min/km - 11.88 km/h | 40:23,5 |  |
| 5 | 80 | Irina Safjanov     |                | <b>0:41:59,4</b> | +09:33 | 05:14 min/km - 11.43 km/h | 41:59,4 |  |
| 6 | 77 | Eneli Pall         |                | <b>0:42:27,2</b> | +10:01 | 05:18 min/km - 11.30 km/h | 42:27,2 |  |

# SAKU TRAIL RUN



| Koht | Number | Nimi            | Klubi                  | Tulemus          | Kaotus | Keskmine kiirus           | Ring 1  | Ring 2 |
|------|--------|-----------------|------------------------|------------------|--------|---------------------------|---------|--------|
| 7    | 73     | Kert Lindeberg  |                        | <b>0:42:52,1</b> | +10:26 | 05:21 min/km - 11.19 km/h | 42:52,1 |        |
| 8    | 93     | Eero Kookla     | Jooksupartner          | <b>0:43:39,4</b> | +11:13 | 05:27 min/km - 10.99 km/h | 43:39,4 |        |
| 9    | 84     | Siim Loik       |                        | <b>0:43:52,6</b> | +11:27 | 05:29 min/km - 10.93 km/h | 43:52,6 |        |
| 10   | 87     | Heddy Tiits     | 200ga                  | <b>0:44:25,2</b> | +11:59 | 05:33 min/km - 10.80 km/h | 44:25,2 |        |
| 11   | 81     | Marleen Kesamaa | Audentese SK           | <b>0:44:42,0</b> | +12:16 | 05:35 min/km - 10.73 km/h | 44:42,0 |        |
| 12   | 78     | Jane Susi       | Mikkeller Running Club | <b>0:45:32,1</b> | +13:06 | 05:41 min/km - 10.54 km/h | 45:32,1 |        |
| 13   | 94     | Siiri Tamm      |                        | <b>0:46:07,1</b> | +13:41 | 05:45 min/km - 10.40 km/h | 46:07,1 |        |
| 14   | 72     | Sven Sapelson   |                        | <b>0:48:58,1</b> | +16:32 | 06:07 min/km - 9.80 km/h  | 48:58,1 |        |
| 15   | 75     | Kärt Radik      | Airtours               | <b>0:50:51,0</b> | +18:25 | 06:21 min/km - 9.43 km/h  | 50:51,0 |        |
| 16   | 74     | Inge Reiman     |                        | <b>0:51:14,9</b> | +18:49 | 06:24 min/km - 9.36 km/h  | 51:14,9 |        |
| 17   | 92     | Carolin Tammsoo | Porter Racing          | <b>0:58:39,1</b> | +26:13 | 07:19 min/km - 8.18 km/h  | 58:39,1 |        |

## MATK

|   |    |              |  |                  |        |                          |         |  |
|---|----|--------------|--|------------------|--------|--------------------------|---------|--|
| 1 | 83 | Kaja Sepp    |  | <b>0:49:02,9</b> | --     | 06:07 min/km - 9.78 km/h | 49:02,9 |  |
| 2 | 76 | Margit Raude |  | <b>1:13:25,3</b> | +24:22 | 09:10 min/km - 6.53 km/h | 73:25,3 |  |
| 3 | 91 | Jüri Raude   |  | <b>1:13:25,5</b> | +24:22 | 09:10 min/km - 6.53 km/h | 73:25,5 |  |

Osalejaid 41